



MIRIKEL™

DigeZ

Multi-Probiotic

UPGRADE YOUR MIGHTY GUT



ABOUT THE PRODUCT

Introducing MIRIKEL DigeZ – the multi-probiotic supplement that makes you say “OMG.” 7 types of probiotics, mixed enzymes, fructooligosaccharide, and green tea extract, all packed in a convenient pouch to support your digestive system and help your body detox. The advanced formula provides 20 billion CFUs¹. MIRIKEL DigeZ offers the best benefits for a mighty gut.

Still looking for the “wow factor” for your health and wellness? Treat yourself to this MIRIKELous product and get the wow factor your body deserves.*

¹CFU stands for colony forming units, which are used to estimate the number of viable bacteria or fungal cells in a sample

- Vegan
- Gluten Free
- Non-GMO
- No added preservatives or additives
- No artificial coloring or flavoring

WHAT ARE PROBIOTICS?

Probiotics are live, tiny microorganisms providing our bodies with many benefits. One of their primary abilities is to maintain gut health and improve intestinal flora. Our digestive system contains good bacteria that stay well-balanced thanks to the probiotics. There’re around 50 trillion of bacteria in human digestive system to help maintain health. They’re called gut microbiota and can be categorized into three types: probiotics, bad bacteria, and neutral bacteria. An increasing number of studies have shown



that 80% of the reported health issues are related to the imbalance of gut microbiota.

“Research shows that gut microorganisms benefit us by producing vitamins, preventing the growth of harmful bacteria, training the immune system, and fermenting unused food (energy substrates). When the microorganisms within the microbiota live in relative balance, this state is called normobiosis. However, when this balance is upset, because one or more microorganisms has grown out of proportion to the other species, this results in a state of gut dysbiosis.” In the latter case, we need to consume probiotics to maintain our health.

KEY BENEFITS

- Supports Digestive System*
- Supports Detoxification*

FEATURED INGREDIENTS

7 Types of Probiotics

Probiotics are live microorganisms that help restore the natural balance of gut bacteria in your digestive system. Different strains of probiotics have different effects; DigeZ includes 7 types of well-studied probiotics such as Lactobacillus Acidophilus, and Lactobacillus Fermentum to support your gut health. They are clinically proven to promote a healthy digestive tract and support a healthy immune system.*

Mixed Enzymes

DigeZ contains carefully selected digestive enzymes to support your gut health, especially for those with pancreas disorders. Digestive enzymes are complex proteins that help digest and break down food. They enable large macromolecules in the foods you consume to be broken down into smaller molecules,

making sure that your guts can properly absorb nutrients.*

Fructooligosaccharide

Fructooligosaccharides (FOS) are oligosaccharides that are found naturally in plants. While often used as an alternative sweetener, FOS are also clinically tested to possess health benefits. These calorie-free, non-cariogenic, and soluble dietary fibers are considered prebiotics. They help feed the good bacteria in the intestines, providing benefits to your digestive system.*

Green Tea Extract

Green tea extract is the concentrated form of green tea that has been credited with a range of health benefits, especially supporting detoxification. According to recent studies, the extract can help your body increase the production of detoxification properties due to its high antioxidant content, freeing your body from toxins.*

SIX REASONS TO CHOOSE MIRIKEL DIGEZ

• Scientific Formula

A more scientific combination of various strains to supplement the required probiotics comprehensively.

• Excellent Performance

High acid resistance, high survival rate through the digestive tract into the intestine and survive at the target site.

• High Safety

High safety, no variation, no side effects, no added flavors and preservatives

• High Number of Live Bacteria and Higher Quality

Supplement at least billions of probiotics to cater to



human health, we offer the amount of probiotics reaching up to 20 billion.

• 5 Effects in 1

Compared to a common combination of prebiotics and probiotics, we offer you enzymes, dietary fiber and plant essence for doubled effects.

• Stable Activity

By applying freeze-drying and multi-layer embedding technologies as well as maintaining constant temperature in transportation, the activity of probiotics is maximized.

Q&A

Why do we need probiotics in our bodies?

Probiotics are live bacteria that we put in our bodies to benefit our health. There are more than 100 times as many bacteria living in our gut than there are cells in our body. These microorganisms do many things for us. They break down, absorb, and get energy from foods we eat, they synthesize vitamins, and they influence the development and function of our immune system.

How would MIRIKEL DigeZ help me?

Studies have shown that probiotics may help problems such as antibiotic-associated diarrhea. It suggests that taking probiotics during a course of antibiotics reduces the risk of getting diarrhea from 30 to 10%.

Who can take MIRIKEL DigeZ?

If you are on antibiotics or having digestive issues, MIRIKEL DigeZ may be very beneficial to you. There are many factors that may impact the balance of bacteria in our gut. Sleep habits, medication, aging, stress, and diet are all potential causes. The majority (70%) of our immune system is also in our guts, so MIRIKEL DigeZ

may be helpful for anyone who is looking for support with their digestive or overall health. But if you have any concerns, please check with your physician.

How long should I use MIRIKEL DigeZ?

That depends on the reason you take it. If you're taking it to maintain your gut healthy, MIRIKEL DigeZ can be a regular part of your healthy diet.

How should I store my MIRIKEL DigeZ?

Probiotic supplements generally need to be kept refrigerated. However, developed with new technology, MIRIKEL DigeZ can be stored at room temperature, and does not need to be refrigerated. But, you should avoid exposing the product to direct sunlight and heat. Also, you should consume the product immediately after it's opened.

REFERENCES

1. "Your Gut Microbiota – Balanced or Not?" Gastrointestinal Society, 6 Apr. 2017, <https://badgut.org/information-centre/a-z-digestive-topics/gut-microbiota-balanced/>.
2. Johnston, Bc, et al. "Probiotics for the Prevention of Pediatric Antibiotic-Associated Diarrhea." Cochrane Database of Systematic Reviews, 2004, doi:10.1002/14651858.cd004827.
3. Kumar, Manoj, et al. "Cholesterol-Lowering Probiotics as Potential Biotherapeutics for Metabolic Diseases." Experimental Diabetes Research, vol. 2012, 2012, pp. 1 – 14., doi:10.1155/2012/902917.
4. Ouwehand, Arthur C., et al. "Probiotics: an Overview of Beneficial Effects." Lactic Acid Bacteria: Genetics, Metabolism and Applications, 2002, pp. 279 – 289., doi:10.1007/978-94-017-2029-8_18.
5. "Your Gut Microbiota – Balanced or Not?" Gastrointestinal Society, 6 Apr. 2017, <https://badgut.org/information-centre/a-z-digestive-topics/gut-microbiota-balanced/>.
6. Balch, Phyllis A. Prescription for Dietary Wellness. Penguin Group, 2003.
7. "Green Tea: Health Benefits, Side Effects, and Research." Medical News Today, MediLexicon International, 28 Mar. 2017, <https://www.medicalnewstoday.com/articles/269538.php>



Supplement Facts

SERVING SIZE: ONE(1) PACKET

SERVINGS PER CONTAINER: 14

	Amount per Serving	% Daily Value*
Total Carbohydrate	2g	1%
Dietary Fiber	<1g	4%
Lactobacillus Acidophilus		†
Lactobacillus Rhamnosus		†
Bifidobacterium Longum		†
Lactobacillus Fermentum		†
Lactobacillus Paracasei		†
Lactobacillus Helveticus		†
Streptococcus Thermophilus		†
Mixed Enzymes		†

* Percent Daily Values are based on a 2000 calorie diet.

† Daily Value not established.

DIRECTIONS FOR USE

Take 1 to 2 packets per day. Mix it with lukewarm (37°C/98.6°F) water or add it to liquid foods. It may also be consumed by mouth.

WARNING

- Keep out of the reach of children.
- Do not use if the package is damaged or open.
- Do not exceed recommended dose.
- Pregnant or nursing mothers and individual with a known medical condition should consult a physician before consuming this product.

STORAGE

Store at room temperature. Avoid direct sunlight and heat exposure. Consume immediately after opening.

INGREDIENTS

AB KEFIR 1000 (Lactobacillus Paracasei, Lactobacillus Rhamnosus, Lactobacillus Acidophilus, Streptococcus Thermophilus, Lactobacillus Helveticus, Lactobacillus Fermentum, Bifidobacterium Longum), Mixed Enzyme (contains Bromelain Activity, Papain Activity, Cellulase Activity, Gluco- Amylase Activity, Lipase Activity), Soluble Fiber, Mannitol, Green Tea Extract (contains Tea Polyphenols), Fructooligosaccharide.

*This product is not intended to diagnose, treat, cure or prevent any disease.

*These statements have not been evaluated by the Food and Drug Administration.